



SENIOR SERVICES Service Description

PURPOSE:

The purpose of Senior Services is to serve persons with disabilities over the age of 49, specifically developmental disabilities, by enhancing their quality of life, through meaningful activities focusing on good health, nutrition and safety. Community inclusion activities are also a primary focus providing seniors with opportunities for participation in various community outings.

OBJECTIVES/GOALS:

Goals of this service are to assist each participant to achieve their full potential in the following:

- To Improve or Maintain Physical Health and Stamina through Passive & Active Exercises
- Recreation/Leisure Activities
- Developing and Maintaining Social Relationships
- Integrated Community Activities
- Domestic/Self Help Skills

Individualized objectives/goals are developed with each participant and other members of their planning team. The outcomes of each objective is assessed and measured on a weekly/quarterly basis.

BASIC SERVICES:

- **HOURS & LOCATION** – Operation hours are Monday thru Friday, 9:00 a.m. – 3:00 p.m. with activities taking place at Community Gatepath™ facilities, located in Burlingame and South San Francisco as well as at various locations in the community. Individual program schedules may vary according to needs.
- **STAFFING** – Approved program design requires 1 staff person for every 3 participants.
- **ACTIVITIES** – There are daily choices in activities focused around each individual's interest. Activities include; exercise, nutrition, music, art, community outings, computer skills, leisure/social events, etc.
- **SUPPORTS** – Each participant has a case responsible person appointed to assist with service coordination. Community Gatepath™ works closely with care provider to ensure health and well-being. In addition, participant receives services from Adult Education teachers.

ENTRY CRITERIA / ESSENTIAL REQUIREMENTS:

1. Expresses personal interest in attending and participating in program services.
2. Able to participate in activities with a 1:3 ratio setting (1 staff to 3 participants)
3. Attends program services a minimum of 80% of scheduled days.
4. With the support of care providers, meets the basic grooming and dress expectations of the program.
5. Attends to basic self-care needs, e.g. toileting, feeding, etc.
6. Be 50 years of age or older.
7. Be eligible for Regional Center services.
8. Upon entry, must have medical evaluation and TB test performed within one (1) year of entry. After intake, we request a medical evaluation be done no later than every three (3) years, to ensure services meet the changing health needs of each individual.
9. Have no convictions of a criminal offense (felony or serious misdemeanor)

EXIT CRITERIA:

1. No longer meets entry criteria.
2. Transfer into another service based on need or preferred choice of activities.
3. Demonstrates behaviors that require a need for more intensive interventions &/or that would negatively affect the health and safety of other participants and staff (e.g. physically aggressive/assaultive behaviors) despite utilizing various behavioral improvement techniques.
4. No longer able to participate in services/activities due to health/medical conditions.