



COMMUNITY INTEGRATION PROGRAM Service Description

PURPOSE:

The purpose of the Community Integration Program (CIP) is to serve persons with disabilities, specifically developmental disabilities, by providing opportunities for full integration into the community and a high quality of life through age-appropriate social, recreational, domestic self-care, and volunteer opportunities.

OBJECTIVES/GOALS:

The goals of this service are to assist each participant to achieve their full potential in the following:

- Recreation/Leisure Activities
- Developing and Maintaining Social Relationships
- Integrated Community Activities
- Pre-Vocational Skills
- Domestic/Self Help Skills

Individualized objectives/goals are developed with each participant and other members of their planning team. The outcomes of each objective is assessed and measured on a weekly/quarterly basis.

BASIC SERVICES:

- **HOURS & LOCATION** – Operation hours are Monday thru Friday, 9:00 a.m. – 3:30 p.m. with activities taking place in the community, as well as our 875 Stanton Road facility based in Burlingame. Individual program schedules may vary according to needs and interests.
- **STAFFING** – Approved program design requires 1 staff person for every 3 participants.
- **ACTIVITIES** – There are daily choices in activities focused around integration in the community through age-appropriate social, recreational, domestic self-care, and volunteer opportunities. Activities include; exercise, nutrition, computer skills, leisure/social events, self-care classes, public transportation training, cognitive skills activities (games/puzzles/discussions), etc.
- **SUPPORTS** – Each participant has a case responsible person appointed to assist with service coordination.

ENTRY CRITERIA / ESSENTIAL REQUIREMENTS:

1. Expresses personal interest in achieving goals.
2. Able to participate in activities with a 1:3 ratio setting (1 staff to 3 participants).
3. Attends program services a minimum of 80% of scheduled days.
4. Takes breaks for personal needs for no longer than 15 minutes per activity period. (2 activity periods throughout workday.)
5. With the support of care providers, meets the basic grooming and dress expectations of the program.
6. Attends to basic self-care needs, e.g. toileting, feeding, etc.
7. Be 18 years of age or older.
8. Be eligible for Regional Center services.
9. Upon entry, must have medical evaluation and TB test performed within one (1) year of entry. After intake, we request a medical evaluation be done no later than every three (3) years, to ensure services meet the changing health needs of each individual.
10. Have no convictions of a criminal offense (felony or serious misdemeanor).

EXIT CRITERIA:

1. No longer meets entry criteria.
2. Transfer into another service based on need or preferred choice of activities.
3. Demonstrates behaviors that require a need for more intensive interventions and/or that would negatively affect the health and safety of other participants and staff (e.g. physically aggressive/assaultive behaviors) despite utilizing various behavioral improvement techniques.